



KERR COUNTY YMCA BASKETBALL RULES

YMCA MISSION: The YMCA mission is to put Judeo-Christian principals into practice through programs that build a healthy spirit, mind, and body for all.

TEAM STRUCTURE:

- There will be a minimum of 8 players per team.
- There will be a maximum of 10 players per team.
- A minimum of 5 players must be present from each team to start the game.
- A player may play in an older age group with league approval but may not play in a younger age group.
- No player is allowed to play on more than one team.

PLAYER EQUIPMENT:

- Jerseys will be provided by the Kerr County YMCA. These are the jerseys that the players will be required to wear during their games.
- Jerseys must be kept in tact and the sleeves may not be torn off. A player that defaces the jersey will not be permitted to play until the jersey is replaced. It is the responsibility of the player to replace the jersey.
- Jerseys must be tucked in at all times.
- Shorts or pants may be worn.
- Tennis shoes should be worn for practices and games.

JEWELRY:

- No jewelry of any kind may be worn. If jewelry is worn during the game the player will be asked to leave the game until the jewelry is removed. This is including but not limited to hats, necklaces, rings, ear rings, etc.
- Sweatbands will not be considered jewelry and may be worn.

PROTECTIVE EQUIPMENT:

- Knee pads and elbow pads may be worn. Mouth guards are recommended but are not required.

BASKET SPECIFICATIONS:

- Kindergarten will play on 8 foot goals
- 1&2 Grades will play on 9 foot goals.
- Ages 3rd & 4th and 5th & 6th Grades will play on 10 foot goals.

BASKETBALL SIZES:

- Kinder and 1st & 2nd Grade Divisions will play with a Junior size or size 5
- All other divisions will play with an Intermediate size or size 6

PRACTICE SESSIONS:

- All teams must practice at least once a week, and no more than twice a week. All practices should be no more than 1 hour. If it comes to the Sports Director's attention that a team is violating the practice durations the coach will be suspended from the next game. In addition, the team will begin the next game with a 10 point deficit.
- To determine if the frequency or duration has been violated, the Sports Director will conduct an investigation including, but not limited to interviewing the coaching staff, parents, and players.
- It is the responsibility of the coaching staff to determine the practice location and practice times.
- Location and times of practices need to be turned in to the Sports Director.
- We must leave the practice locations in better condition than we found them.

PLAYING TIME:

- EACH PLAYER MUST PLAY 2 UNINTERRUPTED QUARTERS.
- EACH PLAYER MUST PLAY 1 UNINTERRUPTED QUARTER IN THE FIRST HALF, AND 1 UNINTERRUPTED QUARTER IN THE SECOND HALF.
- EACH PLAYER MUST SIT OUT ONE UNINTERRUPTED QUARTER.
- IF A PLAYER PLAYS 2 CONSECUTIVE QUARTERS, THEY MUST SIT AN ENTIRE UNINTERRUPTED QUARTER BEFORE RESUMING PLAY.
- NO PLAYER MAY BEGIN THE THIRD OR FOURTH QUARTERS UNLESS ALL PLAYERS HAVE PLAYED A QUARTER.
- SUBSTITUTIONS MAY BE MADE IN THE THE 5TH & 6TH GRADE DIVISIONS ONLY AT THE 4 MINUTE MARK OF THE 4TH QUARTER IF ALL MINIMUM PLAYING STANDARDS HAVE BEEN MET. THAT IS THE ONLY TIME IN GAME SUBSTITUTIONS ARE ALLOWED.
- THE ONLY EXCEPTION TO THESE RULES ARE IF A CHILD IS REMOVED FROM THE GAME DUE TO INJURY or MEDICAL NEED, IF A CHILD FOULS OUT, OR IF A CHILD ARRIVES AFTER THE GAME HAS STARTED.

PRE GAME:

- Team listed first is the home team. The home team is responsible for keeping the books.
- Team listed second is the visiting team. The visiting team is responsible for operating the scoreboard.

GAME LENGTH:

- All divisions will play four (8) minute quarters.
- There will be a continuous clock for all divisions.
- The clock will only stop for free throws and time-outs. The game officials may use their discretion to stop the clock for injuries, or ball retrieval, etc.
- For the 3rd & 4th and 5th & 6th grade divisions, in close games, the clock will also stop within the final 2 minutes of the 4th quarter.

TIME-OUTS:

- Each team will have 2 time-outs per half.
- Each time-out will be for 1 minute.

GAME START:

- Ages will alternate opening possession each half.
- Grades 3 and up will begin with a jump ball.
- **Kinder through 4th Grade:** Before each quarter, both teams line up at midcourt to match up.
- There will be no switching of matchups mid-quarter.
- In the event of a mismatch, a coach may burn a timeout to switch their matchups.

OFFENSE:

- Normal basketball rules for the 3rd & 4th and 5th & 6th grade divisions.
- No double dribble or traveling violations will be called in the Kinder Division. Starting in Week 3, blatant traveling and double dribbling will be called in the 1st & 2nd grade divisions.
- Fouls will be called in Kinder and 1&2 Grade Divisions. They will not foul out.
- No picks are allowed in the Kinder and 1st & 2nd grade divisions.

DEFENSE:

- **All Kinder through 4th Grade** divisions must play man to man defense.
- **5&6 Boys & Girls:** May play a 2-3 zone defense not to extend beyond the time lines on the defense halfcourt.
- The first violation will result in a warning; each occurrence afterward will result in a technical foul (illegal defense). One free-throw is awarded and the ball and the offensive coach can pick any active player to shoot the free-throw.
- Additionally, the clock will continue to run during the technical- free throw shot.

- **Kinder and 1st & 2nd Grade Divisions:** Stealing from a ballhandler and blocking shots are not permitted in these age groups. Ball will be given back to the ballhandler or shooter in the event of a violation.
- **3rd & 4th Grade Divisions:** Illegal defense will be called for double teams or zone defenses. First call is a warning. Second call is a technical resulting in one shot. Third call is a technical resulting in one shot and removal of the head coach.

FULL COURT DEFENSE OR PRESS:

- Kinder Grades 1st & 2nd and 3rd & 4th may not press at any time in the game. The defense must get back across half court once the opposing team controls the rebound.
- Grades 5th & 6th may press at any time.
- **ALL** Press defense must be **MAN TO MAN**
- Press defense may only be applied up to a 10 point lead.

LANE VIOLATIONS:

- Kinder and 1st & 2nd Grade will not have lane violations. Make sure kids are not just standing in the lane but are actually guarding a player.
- 3rd & 4th Grade will have 5 second lane violations.
- 5th & 6th Grade will have 3 second lane violations.

FREE THROWS:

- Kinder and 1st & 2nd Grade do not shoot free throws. The ball will be put in play at halfcourt and be awarded back to the player that was fouled.
- Grades 3rd & 4th will shoot free throws from **12 feet**.
- Grades 5th & 6th will shoot free throws from the regulation line.
- Players may enter the paint upon the release of the free throw.

SCORING:

- Free Throws are worth one point.
- A field goal is worth two points, and a 3-Pointer is worth three points.
- There will be no overtime. A tied score at the end of the 4th quarter will remain a tie.

SPECIAL INFORMATION:

- Only teams that are playing the current game are allowed on the floor. No other players may enter the gym floor until the entire game is completed.
- Harassing the game officials will not be tolerated. Coaches receiving 2 technical fouls will be ejected and suspended for the following game. He or she must meet with the Sports Director before the next practice.
- A coach that is ejected from 2 games will no longer be allowed to coach for the remainder of the season. We are role models and should conduct ourselves as such.

- Any spectator who is not abiding by the Kerr County YMCA youth sports philosophy will be asked to leave. The police will be notified of anyone refusing to leave once they have been asked by the YMCA staff.
- Any parent who enters the playing court during a game will be suspended from participation.
- This league is for the kids and their enjoyment. Emphasis should be placed on fun and learning the sport. The emphasis should not be on winning at all cost. Please keep winning in perspective and keep our competitive spirit in check.

POST GAME:

- Both teams will shake each others hands in a game well played.

CONCERNS:

- Any concerns may be brought to the Sports Director's attention in person, phone, or e-mail.

CONTACT INFORMATION:

Chief Executive Officer: Greg Peschel
KERR COUNTY YMCA
213 C St.
Kerrville, TX 78028
830-896-8000 office
sports@kerrYMCA.org