



KERR COUNTY YMCA BASKETBALL RULES- 2020

YMCA MISSION: The YMCA mission is to put Judeo-Christian principals into practice through programs that build a healthy spirit, mind, and body for all.

TEAM STRUCTURE:

- There will be a minimum of 7 players per team.
- There will be a maximum of 10 players per team.
- A minimum of 5 players must be present from each team to start the game.
- A player may play in an older age group but may not play in a younger age group.
- No player is allowed to play on more than one team.

PLAYER EQUIPMENT:

- Jerseys will be provided by the Kerr County YMCA. These are the jerseys that the players will be required to wear during their games.
- Jerseys must be kept in tact and the sleeves may not be torn off. A player that defaces the jersey will not be permitted to play until the jersey is replaced. It is the responsibility of the player to replace the jersey.
- Jerseys must be tucked in at all times.
- Shorts or pants may be worn.
- Tennis shoes should be worn for practices and games.

JEWELRY:

- No jewelry of any kind may be worn. If jewelry is worn during the game the player will be asked to leave the game until the jewelry is removed. This is including but not limited to hats, necklaces, rings, ear rings, etc.
- Sweatbands will not be considered jewelry and may be worn.
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PROTECTIVE EQUIPMENT:

- Knee pads and elbow pads may be worn. Mouth guards are recommended but are not required.

BASKET SPECIFICATIONS:

- Ages 4 & 5 and 1st & 2nd Grades will play on **8 feet** goals.
- Ages 3rd & 4th Grades will play on **9 feet** goals.
- Ages 5th, 6th & 7th Grades will play on **10 feet** goals.

BASKETBALL SIZES:

- Ages 4 & 5 and 1st & 2nd Grade will play with a Junior size or size 5
- Ages 3rd & 4th Grades and 5th, 6th & 7th Girls will play with an Intermediate size or size 6
- 5th, 6th & 7th Boys will play with International size or size 7

PRACTICE SESSIONS:

- All teams must practice at least once a week, and no more than twice a week. All practices should be at least 1 hour, and no more than 1 ½ hours. If it comes to the Sports Director's attention that a team is violating the practice durations the coach will be suspended from the next game. In addition the team will begin the next game with a 10 point deficit.
- To determine if the frequency or duration has been violated, the Sports Director will conduct an investigation including, but not limited to interviewing the coaching staff, parents, and players.
- It is the responsibility of the coaching staff to determine the practice location and practice times.
- Location and times of practices need to be turned in to the Sports Director.

PLAYING TIME:

- ALL PLAYERS WILL PLAY HALF OF THE GAME.
- EACH PLAYER MUST PLAY 2 UNINTERRUPTED QUARTERS.
- EACH PLAYER MUST PLAY 1 UNINTERRUPTED QUARTER IN THE FIRST HALF, AND 1 UNINTERRUPTED QUARTER IN THE SECOND HALF.
- EACH PLAYER MUST SIT OUT ONE UNINTERRUPTED QUARTER.
- IF A PLAYER PLAYS 2 CONSECUTIVE QUARTERS, THEY MUST SIT AN ENTIRE UNINTERRUPTED QUARTER BEFORE RESUMING PLAY.
- THE ONLY EXCEPTION TO THESE RULES ARE IF A CHILD IS REMOVED FROM THE GAME DUE TO INJURY, IF A CHILD FOULS OUT, OR IF A CHILD ARRIVES AFTER THE GAME HAS STARTED.
- NO PLAYER MAY BEGIN THE THIRD OR FOURTH QUARTERS UNLESS ALL PLAYERS HAVE PLAYED A QUARTER.

PRE GAME:

- Team listed first is the home team. The home team is responsible for leading the player's pledge, and keeping the books.
- Team listed second is the visiting team. The visiting team is responsible for leading the parent's pledge and operating the scoreboard.

GAME LENGTH:

- All divisions will play four (8) minute quarters.

- There will be a continuous clock for all divisions.
- The clock will only stop for free throws and time-outs. The game officials may use their discretion to stop the clock for injuries, or ball retrieval, etc.
- For the 3rd & 4th and 5th, 6th & 7th grade divisions, the clock will also stop within the final 2 minutes of the 4th quarter.

TIME-OUTS:

- Each team will have 2 time-outs per half.
- Each time-out will be for 1 minute.

GAME START:

- Ages 4 & 5 and 1st & 2nd Grade will alternate opening possession each half.
- Grades 3 and up will begin with a jump ball.

DEFENSE:

- **ALL** divisions must play man to man defense.
- The first violation will result in a warning; each occurrence afterward will result in a technical foul (illegal defense). One free-throw is awarded and the ball and the offensive coach can pick any active player to shoot the free-throw.
- Additionally, the clock will continue to run during the technical- free throw shot.

FULL COURT DEFENSE OR PRESS:

- Ages (4 & 5), Grades 1st & 2nd and 3rd & 4th may not press at any time in the game. The defense must get back across half court once the opposing team controls the rebound.
- Grades 5th, 6th & 7th may press at any time.
- **ALL** Press defense must be **MAN TO MAN**
- Press defense may only be applied up to a 10 point lead.

LANE VIOLATIONS:

- Ages 4 & 5 and 1st & 2nd Grade will not have lane violations.
- 3rd & 4th Grade will have 5 second lane violations.
- 5th, 6th & 7th Grade will have 3 second lane violations.

FREE THROWS:

- Ages 4 & 5 and 1st & 2nd Grade will shoot from **10 feet**.
- Grades 3rd and up will shoot regulation free throws from **15 feet**.
- Players may enter the paint upon the release of the free throw.

SCORING:

- Free Throws are worth one point.
- A field goal is worth two points, and a 3-Pointer is worth three points.
- There will be no overtime. A tied score at the end of the 4th quarter will remain a tie.

SPECIAL INFORMATION:

- Only teams that are playing the current game are allowed on the floor. No other players may enter the gym floor until the entire game is completed.
- Harassing the game officials will not be tolerated. Coaches receiving 2 technical fouls will be ejected and suspended for the following game. He or she must meet with the Sports Director before the next practice.
- A coach that is ejected from 2 games will no longer be allowed to coach for the remainder of the season. We are role models and should conduct ourselves as such.
 - Any spectator who is not abiding by the Kerr County YMCA youth sports philosophy will be asked to leave. The police will be notified of anyone refusing to leave once they have been asked by the YMCA staff.
 - This league is for the kids and their enjoyment. Emphasis should be placed on fun and learning the sport. The emphasis should not be on winning at all cost. Please keep winning in perspective and keep our competitive spirit in check.

POST GAME:

- Both teams will shake each others hands in a game well played.

CONCERNS:

- Any concerns may be brought to the Sports Director's attention in person, phone, or e-mail.

CONTACT INFORMATION:

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