



Fall Sports Safety Guidelines

- Participants will be required to sign a waiver prior to the season.
- No one should attend practice or games if not feeling well, has a fever, currently under quarantine or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all players, coaches, volunteers and staff.
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential. Any player, coach, volunteer or staff may be readmitted to the program with a note signed by a physician or a negative COVID-19 test.
- All participants must wear a mask when social distancing cannot be maintained except during game play. If a participant has a mask exemption, please discuss this with the Sports Director.
- All coaches, staff and volunteers will be required to wear a face covering when social distancing cannot be maintained.
- All coaches and players will undergo a health screening prior to participation in practice or games.
- Equipment will be sanitized in between games and breaks will be provided for players to apply hand sanitizer during play.
- Players must provide their own drinks during practices and games and should not share with other players.
- Restrooms might not be available for practice.
- Spectators are discouraged from attending practices that do not require parent participation.
- Players will give "air high fives" after the game from a safe distance apart.

Volleyball Guidelines

- Equipment, player benches, and score table will be sanitized regularly on game day. The bleachers will not. Spectators will need to bring their own wipes to sanitize bleachers. Stadium seats are recommended.
- Masks must be worn while entering and exiting the gym. They can be removed if spectators are safely distanced from other spectators.
- Gym restrooms will not be available at practice. On game day they will be wiped down periodically throughout the day.

Flag Football Guidelines

- Game Balls and Game Flags will be sanitized before each half.
- Spectators do not have to wear mask while entering and exiting practice area if they can maintain a safe social distance.
- Once seat at the playing field, spectators do not have to wear a mask if at a safe social distance from other spectators.
- Spectators must sit on their team's sidelines at least 10 yards away from the sideline to give coaches and players plenty of room on the sidelines.
- Restrooms will be available on game. They will not be wiped down until the end of the day.

COVID-19 Refund Policy

Should we have to cancel our season prior to Sept 4, we will offer a full refund to all participants. Should we have to cancel fall sports due to a stay-at-home order or for any other reason, the YMCA will issue prorated system credit to be used for any future YMCA programming.